

Ariel Nathanson, Consultant Child, Adolescent and Adult Psychotherapist, UK



Brief Bio: Ariel is the lead Child and Adolescent Psychotherapist at the Portman Clinic in London, where he has been working for many years, specialising in the work with young people who present as harmful to themselves and others, psychologically addicted to sexual behaviour, violence, and criminality. He works privately and for the NHS, providing psychotherapy to individuals and groups, organisational consultancy, clinical supervision, and teaching.

Ariel believes that therapeutic work can be provided on the front line of care by workers who function within their communities and organisations. He provides short and long-term therapeutic consultation to work-groups and organisations such as therapeutic residential communities, schools and other frontline provisions. His focus is on creating and developing a distinct therapeutic identity that suits their specific client group, community, culture and beliefs.

Ariel has written and published about his work, focusing on clinical forensic work, relational trauma, child abuse, pornography and on organisational consultation.

Nathanson, A., Music G., Sternberg J. (2021). *From Trauma to Harming Others: Therapeutic Work with Delinquent, Violent and Sexually Harmful Children and Young People*. Routledge (Taylor & Francis Group).

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